



From last week

Here we sell Glasses for 3D vision

One of those present in the room wears glasses for 3D vision, and all at once he is drawn into another world.

He smiles, cries, admires and is enthusiastic - and everyone around looks at him with a strange look: what does he admire so much? What does he see that we do not? After all, the room, is the same room, and the people - they haven't changed either, everything remains gray and boring...

And what they don't understand, is that he is physically with them in the same room - but he sees a completely different world!

The world that this person sees, is deeper, full of colors that naturally cannot be seen, he notices subtleties that nobody else pays attention to...

Because he is wearing different glasses!

And this, the Rebbe said, is exactly what we should do in life: **wear 3D glasses.**

Naturally, we always tend to see the negative, to see the world superficially, to judge people by how they look and behave.

Let's put it this way: Naturally, **we would never even agree to go near - to those people that Avraham Avinu fed and hosted with devotion...**

For Avraham Avinu there was no difference between respectful and elegant people - and those that other people would pass to the other side of the road in front of them...

How did he do it? How was he able to contain, feed and even bring together the seemingly lowest people?

Because our Avraham Avinu made the following calculation: if he is here in the world, even though he is so miserable and low - it is a sign that HaKadosh Baruch Hu, needs him in the world! And that means that HaKadosh Baruch Hu has 'business' with this man ...

And us, the novice traders, were taught an iron rule: if you see that the leading companies do business with any company - then you can trust this company!

If for HaKadosh Baruch Hu this person is good - surely for me he is good!

Avraham Avinu did not see the outer layer of the person standing in front of him, he saw his depth! His struggles, the moments when he doesn't give up, and continues despite everything...

Avraham Avinu saw the people in '3D', and he learned from their depth, and realized that their evil virtues were a mirror for him, a sign from heaven that he, too, might face these virtues - if not for the chesed of HaShem...

Avraham Avinu valued each person, because he saw his depth!

And this is the truth: if you do not value the person in front of you - it is a sign that you do not value yourself! That you do not have the mental resilience to know yourself, your own depths! Because 'ואהבת לרעך - כמוך', 'love your fellow - as yourself', your behavior towards the friend is only a reflection of your behavior in front of yourself...

*

Assorted statements from previous years

What will we gain?

We are used to, that when something bothers us, we think about it again and again and again ...

Ma'adanay Melech -

Royal Delicacies

מעדני מלך

The end of every fight - regret, and after every humility - peace.

Whoever doesn't rule over his anger does not have a complete mind.

Whoever doesn't rule over his anger - all the more so he can't rule over others.

Is the person in distress? He puts himself into the quandary, delves into the extent of his sorrow, exposes storehouses of despair within his heart, he is taken up by the worries and painful thoughts, and they do not give him rest...

Why do we not stop thinking about our troubles? Do these despairing thoughts provide us with a solution? Do they show us the way out of the distress???

Not at all!

These thoughts only destroy our peace of mind, and distance us from a solution and from the path to the way out...

So why are we so keen on these harmful thoughts? Why don't we kick them out of us as it is appropriate to do to harassers???

Here, R' Asher revealed the secret, **the secret of satisfying the misery!!!**

R' Asher says: We are not willing to give up the feeling of being poor, we are not willing to give up the sweet taste and the meaning it adds to our lives!!!

Why don't we blow these thoughts away?! Simply, because we are not able to think of such an idea...

Renouncing that sweet indulgence, of gathering within ourselves, wrapping ourselves in the black cloak of thoughts?! Well really...

And why would we want to give up the indulgence inherent in that resounding thought 'I'm poor, I'm pathetic! No one is as pathetic as I am!'???

We are willing to give up a solution that will save us, as long as we do not lose the caressing misery...

But these thoughts only distance us from the purpose of the difficulty! Instead of getting close to the Creator through them, relying on to Him and receiving simchas ha'chaim - we just move away and close ourselves in...

What should I do? It's terrifying !!

R' Asher says: **Do not be alarmed by these thoughts!** Because such is our nature, it is attracted to misery, loves sadness... **It's not peculiar!**

But, right here, when your will and the Will of the Creator collide, you have the opportunity to fulfill the ma'amar chazal בטל רצונך מפני רצונו 'Nullify Your will from His Will'!!!

Do you want despair? This is certainly understandable, but HaShem wants from you avoida! HaShem wants from you a struggle! HaShem wants you to insist on being be'simcha!

And here somebody asked the Rebbe: **"But it's so hard! How can we really force our thoughts to change???"**

The Rebbe said: **Indeed, it is really difficult, it is impossible to fight with the thoughts!**

But here R' Asher gave us the point of **'profit versus loss!'** Meaning to say -

The sad thoughts began to take over your mind? Stop for a second and reckon:

What will be my gain if I let my thoughts run and intensify? Oh my, it's so nice, it's so easy, it's so comforting!!!

But what would I lose if I let my thoughts run wild??? Ahhh... I'll lose the opportunity, I'll lose the solution, I'll lose the joy of life... I'll just worry more, I'll lose hope, I can just go crazy with sadness!!!

And on the other hand, if I fight with these thoughts, and I insist on connecting with the Creator, what will be my loss? Wow, actually, I won't lose much, maybe a little mock attention...

And what will I gain from this??? Okay, got it ...

*



Gedanken from the Spinka Rebbe Shlita
Written in Hebrew by R' Menachem Rubinfeld
and translated by Yissochor Raffles

Written entirely according to the writers understanding.
To subscribe please email sparksoflightspinka@gmail.com