

משנכנס אדר מרבין בשמחה

When Adar arrives, we must add in happiness. I heard from my Rebbe, Reb Refoel Green ZT"l, who told us that the Bochorim of Yeshiva of Staten Island asked the Rosh Yeshiva, Rashkibiha"g Reb Moshe Feinstein ZY"A, how should they accomplish this command of the Gemoroh? To that, he answered, they should learn more Torah and drink a little wine every day. One may want to understand how is he accomplishing the Gemoroh in this manner, of adding to his Torah learning and drinking wine? To this we can quote The Ohr Olom, The Baal Shem Tov ZY"A, who gives the following Moshel (parable), I also saw this from the "Ohr Someiach" Reb Meir Simcha of Dvinsk ZY"A. There was once a large Seudoh (festive meal) at which a deaf person and a cripple person were present [may all be well and healed with the help of Hashem]. The deaf person was unfortunately not able to hear the music to appreciate it and dance, while the cripple person was not able to enjoy the music he was appreciating. Therefore, the cripple person told the deaf person, "You dance while I shall sit on your shoulders." So too, our Neshomoh (soul) wants to dance, but it is enslaved in a mundane body. We must break these shackles and give the Neshomoh and Guf (body), each one what they need and thus free both to serve the other one to accomplish its duty. Thus, they will both fulfill their Tafkaid (goal) in Avodas Hashem, BiSimchah - in happiness.

ועשו לי מקדש ושכנתי בתוכם (כ"ה ח')
רש"י ועשו לשמי בית קדושה

A Yid must see to it, to bring Kedusha (Holiness) in his private "House." His home and family life should be with Kedusha. And that is called a Mikdash (sanctuary).

- Rav Menachem of Amshinov ZY"A - Der Torah Kvall

Alter Boyaner Chassidim would wish each other "Simcha ohn Chizuk" (happiness without the need of uplifting).

- As heard from Horav Binyomin Adler Shlit"a of Yerushalayim

The Bais Aharon of Karlin ZY"A told his followers that they can become "Chasidim" if they learn the Medrash on Parshas Terumah.

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Ah Guttin Shabbos Kodesh - Rabbi Naftali H. Ganzweig