

VALUING TIME

PRECIOUS MOMENTS

The Torah says that Avrohom Avinu became old and was "coming in days." The *Zohar* explains that this refers to the many *mitzvos* that he fulfilled: all the days of his life were fully utilized for the service of *HaShem*.

As *Chassidus* explains, a person is given the exact number of days he needs to accomplish his tasks in this world. If a day is not used for its purpose, that day's task is left undone.

(זהר ח״א קכט א׳, תו״א עט,ב, אג״ק ח״א ע׳ נד, חכ״ב ע׳ א)

To highlight the importance of valuing every moment and utilizing it for growth, the Rebbe made two points:

Firstly, wasted time never returns. Every individual is given a specific number of days and seconds to accomplish all that he is charged with. Hence, when a day is misused, this loss is irreplaceable.

Secondly, today's *avoda* raises tomorrow's *avoda* to a higher level – for, as *Chazal* say, a person who has a hundred coins desires two hundred. Therefore if today is misused, this will weaken the chances for a better tomorrow.

(תו״מ חכ״א ע׳ 59)

Many ancient ethical works point out the same unfortunate reality: while people are concerned over a loss of money, they are less concerned over a loss of time. In truth, of course, the reverse should be the case. Lost money, after all, can be recovered; lost time cannot.

(ראה ס' החיים לר' שמעון מפראנקפורט י,א, סה״ש תשמ״ט ח״ב ע׳ 601)

PASSING TIME?

During the summer of תרנ"א (1891), at the age of eleven, the Frierdiker Rebbe was arrested for trying to protect another Yid from a cruel police officer. Thrown into a dark cell and overcome by fear, he suddenly realized, "I'm imprisoned just like my holy forefathers were, so I should respond to the challenge with courage and faith, and spend my time studying *Torah*."

He already knew the *Mishnayos* of *Zero'im* and *Moed*



by heart, so he began reviewing them. Suddenly, he heard fearful groaning and whimpering. The prison was dark, and he could not make out the source of the sounds, so he tried to ignore the moaning and concentrate on his learning. He then *davened Mincha*, omitting *Tachanun* because he was so happy to have had the great merit of being imprisoned for defending another Yid's honor.

Continuing to review from memory, he once again heard wailing noises. He struck a match, looked around the cell, and discovered a calf tied up, with a muzzle on its mouth. His fears were calmed. He went through the entire *Seder Zero'im*, began *Seder Mo'ed*, and before he had a chance to finish, he was released.

Later, when his father, the Rebbe Rashab, heard what had occurred, he complimented his son on being able to review *mishnayos baal peh*. Otherwise, he added, with what would he have been superior to (*lehavdil*) the calf which had also been imprisoned...?

When the Frierdiker Rebbe related this story, he added: "These words engraved in my mind and heart the necessity of preparing 'provisions for the way' by learning Torah by heart, so that in any situation, one will not waste his time."

(התמים חו' ז' ע' ס"ה)

CONSIDER

Is it important to use every moment so that more will be accomplished, or so that each *moment* is elevated?

Does using time to the maximum mean not to relax?

Every moment was so precious to the Rebbe Rashab, that he was available to discuss communal matters only at mealtimes. When the Frierdiker Rebbe was away and the Rebbe Rashab had to review the *yeshivah's* affairs with the bookkeeper, he did so during mealtime.

For the same reason, even when money was extremely tight, he always traveled by train first

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class, so that he would be able to learn undisturbed.

On *Nittel Nacht*, when it is forbidden to learn Torah, the Rebbe Rashab would use his time to play chess, thereby sharpening his mind for his future Torah studies. From this, says the Rebbe, we see how even when one cannot learn Torah, he should utilize his time for beneficial activities.

(לשמע אוזן ע' 113, רשימות היומן ע' ריח, סה״ש תש״נ ע' 192)

A SINGLE MINUTE

During a visit of the Rebbe Rashab to Germany, some local *Yidden* accompanied him to the railway station, and one of them remarked that the train would be leaving in another minute.

The Rebbe replied, "In one minute one can do *teshuvah.*"

(תו"מ ח"ב ע' 183)

In the year "" (1944), the Rebbe davened at the amud after the passing of his father Reb Leivik. It once happened that the minyan did not gather in time. The Frierdiker Rebbe called the rosh yeshivah and told him that his son-in-law, the Rebbe, had complained about his wasted time. The rosh yeshivah excused himself, saying that the bochurim had arrived only five minutes late.

The Frierdiker Rebbe replied, "For my *eidem*, a minute is a year. Do you want to steal *five years* from him?!"

(50 אוצר פתגמי חב״ד ח״ב ע׳)

When, in his early years in America, the Frierdiker Rebbe spoke of the imminent coming of *Moshiach*, some people questioned his activities to strengthen *Yiddishkeit* and build *yeshivos*. They argued: "If anyway we are in *golus* only for a short while, what is the need for all this?"

The Frierdiker Rebbe answered by reminding them of the *Mishkan* in the desert. While in some places *Bnei Yisroel* camped for long periods of time (once for 19 years!), in others they camped for only one day. Yet, in every place they set up the *Mishkan* with all of its *keilim* and *korbanos*, regardless of how long they stayed.

(סה״ש תש״א ע׳ 162, תו״מ חי״ח ע׳ 299)







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Way of Life

RABBI CHAIM HILLEL RASKIN



ROV OF ANASH - PFTACH TIKVA

SHOWERING ON YOM TOV

On the second day of *yom tov* I always feel very sticky. May I take a quick shower?

Heating water is a *melacha* and is only allowed on *yom tov* for food preparation (including washing dishes, see issue 535) or for something that is enjoyed by most people, not just those who are finicky.¹ Washing one's face, hands and feet with hot water is considered a "universal pleasure,"² but daily washing of the majority of one's body with hot water is not halachically deemed a "universal pleasure" and one may not heat water for this purpose.³

Igniting a fire is prohibited on *yom tov* even for the sake of food preparation. It is nonetheless permissible to use the hot water tap to "heat" water for the above permissible purposes, even if it may cause a fire to be ignited in the boiler, as long as this isn't an immediate effect rather after a duration of time (*grama*), or once the fire is already ignited in the boiler, one may continue its effect.⁴

Washing the majority of one's body on Shabbos with water heated **before** Shabbos is prohibited *midrabanan* as one may come to heat water on Shabbos. What about *yom tov*? Some hold that heating water for a non-universal pleasure is only *midrabanan*, and no decree was made against using water heated **before** *yom tov*. The Rema, however, prohibits washing the majority of one's body with water heated before *yom tov*, since he holds that heating water for washing on *yom tov* would be forbidden *min haTorah*. This is the accepted practice.⁵

Although washing one's face, hands and feet – and seemingly according to the Alter Rebbe anything less than the majority of one's body – is permitted with water heated on *yom tov*, one may not do so in a bathtub or shower since he may come to heat water to wash his entire body.⁶ According to some *poskim*, this isn't a concern if one does not remove all of their clothes at once.⁷ Hot water from the faucet is considered heated **on** *yom tov*, thus one may only wash the minority of one's body with this water.⁸

Halacha states that it has become widespread custom not to bathe at all on Shabbos or *yom tov*, not even in cold water, due to the various potential prohibitions involved with bathing (such as squeezing hair and others).⁹ It is allowed, however, if one is if one is really bothered by the heat or perspiration.¹⁰ Some *poskim* rule that on *yom tov*, even if the hot water is on together with the cold so it won't be freezing, it is still considered "cold" water and one may wash even one's entire body when needed as long as it isn't warm.¹¹

וראה שולחן יו"ט פי"ד ס"ט. 1. ראה שוע"ר או"ח סי' תצ"ה ס"ב וס"ג. 2. ראה שוע"ר או"ח סי' שכ"ו ס"א וכ"מ 7. ראה ספר להלכה ח"ב עמ' שנ"ט. 8. ראה פסק״ת סי׳ תקי״א ס״ה שנחלקו בזה, בשוע"ר סי' תקי"א ס"א, וראה בכל זה ביה"ל סי' תקי"א ד"ה אבל לא גופו, וראה ערוה"ש ונוטה לחומרא. סי' תקי״א ס״ו. .9. שוע"ר או"ח סי' שכ"ו ס"ו. 3. ראה משנ"ב סי' תקי"א סק"י. וראה שש"כ 10. ראה קצוה"ש סי' קל"ג בדה"ש סק"ח. פי״ד הע׳ כ״א. 11. פסק"ת סי' תקי"א אות ז. וראה שוע"ר סי' 4. ראה פסק״ת ח״ה סי׳ תקי״א סק״ג. שכ"ו ס"ד (שמפשיר מים שעליו ונמצא כרוחץ בחמין). .5 שוע"ר או"ח סי' תקי"א ס"א

כ. שו"ע סי' תקי"א ס"ב ומשנ"ב שם סק"ט. 6. שו"ע סי

לע״נ מרת ציפא אסתר בת ר' שלום דובער ע״ה

Our Heroes

REB YECHIEL HALPERIN

Reb Yechiel Halperin, also known as Yechiel "*der Chazan*," possessed a beautifully sweet voice and served as the *chazan* for the Yomim Noroim for the Rebbe Rashab in Lubavitch and later on for the Frierdiker Rebbe. He was also known as Reb Yechiel der Meshulach, as he was a fundraiser for Tomchei Temimim in its first years.

As a young man Reb Yechiel worked in Charkov. While Reb Yechiel's grandfather was a chossid of the Alter Rebbe, Reb Yechiel grew up lacking a real chassidishe chinuch. Once, the chossid Reb Bere Volf Kozevnikov of Yaketrinislav visited Charkov, where he spoke about the chassidim's way of life. Reb Yechiel was immediately inspired and traveled immediately to Lubavitch. He arrived shortly after the passing of the Rebbe Maharash and remained in Lubavitch for close to a year. He later moved to Moscow and served as the chazan of a large shul. Soon after, the Rebbe Rashab visited Moscow and Reb Yechiel assisted him during his stay. It was during that

visit that the Rebbe Rashab taught him the *nusach* of many parts of the *davening* for the *Yomim Noroim*.

(סה"ש תש"ה ע' 25)

The Frierdiker Rebbe writes: "...there were about forty bochurim learning in Tomchei Temimim, and I received letters from the cities in which Reb Yechiel fundraised for the veshiva saying that Reb Yechiel said there were about four-hundred talmidim! I wrote to Reb Yechiel asking him why he's exaggerating ten times more than the truth. He responded to me that he is not exaggerating, because he does not say there are four-hundred *bochurim*, rather there are four-hundred *talmidim*. Being that every *talmid* uses all of his ten *kochos* for Torah and avodah, there are fourhundred *talmidim*. When I wrote this to my father [the Rebbe Rashab], he replied, 'Indeed so, one must use all of his ten *kochos* in order for his learning to be done properly.""

(אג״ק אדהריי״צ ח״ו ע׳ מח)



ON THE ACCOUNT OF ENVY

Beginning in 5715 (1954), on every *yom tov*, the Rebbe would send out his troops to strengthen the *simcha* in other *shuls*. A fresh face always adds to the joy, the Rebbe explained, as well as strengthens the *achdus* of *Yidden*. Additionally, it is a perfect opportunity to spread the wellsprings of Chassidus.

In the later years, the Rebbe would stand at the door of 770, seeing off the chassidim until the last one could not be seen, to the singing of lively *niggunim*.

In the earlier years, when they would return to 770 from their long trek,

the chassidim would dance outside the Rebbe's room, and the Rebbe would send out a short *bracha* with *Harav* Chodakov. At the *farbrengen* the Rebbe would show great appreciation for their work by dedicating a *sicha* to them, and would often ask of the participants to say *l'chaim*.

At the Acharon Shel Pesach *farbrengen* of 5715 (1955), after honoring the *tahalucha*-goers with a *l'chaim*, the Rebbe said, "Although I didn't go myself, I envy those that went, and on that account I will also say a *l'chaim*!"

(Hatahalucha, Sukkos 5774)

In merit of this publication's founder ארי אהרן בן חנה • May the zechus of the thousands of readers bring him a total and immediate recovery